

# February 2010

## These daily suggestions to help you build the character trait of Honesty

were provided by the Guidance Staff and Student Assistants at Maconaquah HS.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Never do something you will have to lie about later.	2 Don't steal.	3 Keep your promises.	4 Admit your mistakes.	5 Obey the law—even when no one is looking.	6 Treat people equally.
7 Avoid conflicts of interest.	8 Display good sportsmanship.	9 Be true to yourself.	10 Don't cheat on tests or taxes.	11 Obey the rules at school.	12 Accept responsibility for your actions.	13 Don't stretch the truth for your own gain.
14 He who lies for you will lie against you.	15 Return lost items to their owner or the lost and found.	16 Don't cut in line.	17 Do your own work.	18 Being honest is easier than remembering your lies.	19 What a tangled web we weave when first we practice to deceive. -Shakespeare	20 Model fairness and honesty for others.
21 Don't take credit for someone else's work.	22 Honesty is the first chapter of the book of Wisdom. -Thomas Jefferson	23 Think before you act.	24 Don't shift the blame—accept responsibility for your actions.	25 A lie has speed, but the truth has endurance. -Edgar Mohn	26 Be truthful when you miss school or work.	27 No man has a good enough memory to make a successful liar. -Abraham Lincoln
28 Don't spread gossip.	<b>HONESTY: Fairness and truthfulness in word and action.</b>					