

More for Miami Coalition Minutes

3/27/17 12:00-1:00 PM

The coalition meeting at the YMCA, Room 201 D opened at 12:06 pm with Jennifer Yates handing out the agenda, coalition applications, copies of February 27 minutes and the sign in sheet. Introductions were made by everyone in attendance: Jen Yates, Kathy Brehmer, Marc Williamson, Antonia Sawyer, Vincent Edmunds, Austina Reed, Wendy Langer, Phil Bunce, Elaine Hough, Sandy Chittum, Angela Quinn and Heidi Wright.

Vincent Edmunds and Austina Reed, Aces Plus, spoke about the Easter Parade. The parade will help launch the More for Miami coalition and movement. There will be a substance free challenge for the day with messaging leading up to it. We will advertise for the egg hunt and other upcoming events, as they will for us. There will be booths at the parade from different agencies providing information, education and merchandise. Youth are working on the sub-groups organizing and planning the Easter Parade. Saturday, April 8 from 9-3 is a Prep Rally at the Miami County Museum Annex. There will be an opportunity to bring a bonnet with \$5 to decorate your Easter Bonnet for the upcoming parade on April 16 at Miami County Courthouse Square from 2-5 PM.

Vincent and Austina also discussed focus groups that will be held in the next few months including Law Enforcement, Medical, and First Responders. They attended the Town Hall meeting on March 23 where they were able to share our Community Assessment, speak on More for Miami and the Easter Parade. Senator Head came to Miami County on March 25 to discuss Attacking Illegal Drug Use.

Elaine Hough, Massage Therapist and Mindfulness Instructor, spoke about Mindfulness describing how it works and that she has done it in the schools and with other groups to teach them about stress relief and other beneficial wellness. Jen stated that she would like to incorporate Mindfulness into the community through the coalition through programs or other ways. Several members agreed these would be a good fit.

Wendy Langer, Saint Charles and community member, gave the coalition an update on the Living Free program. She stated that several churches in the community attended the first two meetings. There will be training in the program which will allow the faith community to help those with any type of addictions in certain stages. Wendy will continue to keep us updated. Wendy also suggested that our county needs a Crisis Intervention Team for substance abuse and use. We will continue to discuss this.

Marc Williamson, Austina, Vincent and Jen discussed the Workplan. Jen briefly covered the strategies explaining the alcohol, prescription drug and positive culture framework strategies which will reward youth for good things. The programs selected are AI's Pals, which is a preschool program with prevention pieces as well as bonding; Life Skills Training, which is a junior high program explaining it is still a rough draft. We turned it in but expect to have corrections, changes and need to add data to back up some of the programs and strategies. We asked if there were any questions due to the fact that the work plan was previously sent out in an email for the coalition to review. We covered the three programs: Life Skills Training, AI's Pals and Team Awareness describing them and how they will be

beneficial for Miami County. A member stated it would be nice if we could create a pamphlet of information regarding each of the programs and strategies for the community. The strategy Parents Who Host Lose the Most is an information dissemination media campaign approach and an environmental policy change to address the risk factor of perceived availability and social access to alcohol use and abuse. Another strategy is Prescription Drugs Media Campaign which will address the risk factor of perceived availability and social access to prescription drugs including opioids. We selected the universal indirect prevention strategy, Lock Your Meds Rx Drugs media campaign. We will purchase materials, train facilitators, hire staff to facilitate programs, implement the strategies, create marketing plans, test messages with target populations, create message materials, distribute messages in a variety of formats and locations and follow up data collected to evaluate the strategies once the work plan is approved through June 30, 2017. We spoke about the ideal time for trainings for the facilitators being in April and that we will need 3 facilitators for Al's Pals, 1 coordinator and several facilitators for Life Skills Training, and 8 facilitators for Team Awareness.

May 6 from 9:30-1 is the Miami County Kids Fair at Peru Junior High School. More for Miami will have a booth and some education/communication pieces throughout as the theme of the fair is prevention. On May 6 from 9:30-12 at Dukes Hospital in the cafeteria Overdose Lifeline, Inc will be doing a Narcan training along with substance abuse prevention and Rescue Breathing Training from Dukes Hospital. The training is geared toward adults and will be conducted in a separate room. This conversation led to the problem that police in our community as well as across the nation, regarding the number of times that First Responders and Police are giving Narcan to the same individual within the same day or a short period of time. Discussion has begun regarding a policy or legislation need or change regarding using Narcan several times on the same individual.

Jen talked about the idea of having a monthly youth meeting at each of the three community schools which would serve as the youth sector. The meetings would be prior to school at approximately 7 AM or immediately after school and would be once a month and open to all youth 6-12 grade. There would be a facilitator, Jen, and hopefully other coalition members. The information discussed at the youth meeting would be brought back to our More for Miami coalition meeting and shared. It is very important to involve our youth and hear their voice of what is going on in the community and what they feel we need. The idea to make SADD county wide was brought up as well. Maconaquah is the only school that has SADD.

Also discussed was the 2nd Saturday's that will begin in May to help promote local businesses and community togetherness. Heidi Wright asked More for Miami if we would be interested in having a booth in the courthouse along with other non-profit agencies, including the YMCA. The YMCA website that has More for Miami information on it, such as minutes, community assessment, agendas, meeting dates, etc and the facebook page More for Miami. More for Miami will be collaborating in a Meet and Greet with Peru Police Department, Four County and System of Care prior to school at each Peru Community School April 4-7.

The coalition meetings will be the last Monday of each month from 12-1 PM at the Miami County YMCA in Room 201 D with lunch provided:

April 24 May 22 June 26

Meeting adjourned 1:02 PM.