

System Of Care Governance Coalition (SOCGC)
Meeting Notes for: October 18, 2016 @ 11:30am-1:00pm

In Attendance: John L. Walker (Executive Director CASA) jwalker@miamicountyin.gov; Angie Bever (Director of Community Corrections) abever@miamicountyin.gov; Aimee Daniel (Assistant Director of Special Education) adaniel@peru.k12.in.us; Crystal Selleck (Wraparound Facilitator) cselleck@fourcounty.org; Michael Ruse (Resource Family Developer-Whites Residential and Family Services) michael.ruse@whitesrfs; Beth Barnett (Vice President of Early Childhood Services-Bona Vista Programs) bbarnett@bonavista.org; Kathy Pugh (Home Based Case Management-Four County Counseling Center) kpugh@fourcounty.org; Phil Bunce (Pastor of Counseling and Administration-EastPointe Bible Church) pbunce@eastpointebiblechurch.org; Michael Meeks (Chief of Peru Police Department) mmeeks@cityofperu.org; Kenneth Hanson (Assistant Superintendent-Peru School Corporation) khanson@peru.k12.in.us; Gabriel Greer (Mayor) ggreer@cityofperu.org; Lauren Hall (Pastor of Main Street United Methodist Church) lauren.hall@inumc.org; Diana Berich (Vice President of Physician Services) dberich@dukesmemorialhosp.com; Caitlin Nieto (Guidance Counselor-Peru High School) cnieto@peru.k12.in.us; Christa Crabil (School Counselor-Elmwood Primary) ccrabil@peru.k12.in.us; Sarah Graham (Guidance Counselor-Peru High School) sgraham@peru.k12.in.us; Jami Edwards (Peru School Corporation) jedwards@peru.k12.in.us; Lisa Wagner (Director of Nursing-Dukes Memorial Hospital) slwagner@comcast.net; Melissa Middleton (Recover Coach-Freedom Therapy) Melissa.freedomtherapy@gmail.com; Todd Burus (Deputy Coroner) info@flowersleedyallen.com; Emmaus House (homeless shelter) Jason@logan-emmaus.org;

11:30am: Call meeting to order: Antonia Sawyer-Letecia Timmel

- Introductions were made. Jennifer Yates spoke about the grant she has received, and she is from the YMCA.

11:40am: Jamie Whitaker Presentation

- System of Care Technical Coordinator works with addictions in Indianapolis. He talked about System of Care, and how to pull agencies together to improve their county through collaboration.
- The white space between the systems is the place where people in need may fall through. The SOC model would like to close those gaps. Rural communities like Peru already collaborate well, and pulling them together is easier than a big city.
- What are the needs in Peru? Foster care, emergency beds, heroin addiction needs, cycle of poverty, employment needs, support system for 18 year olds still in school but not at home, support for 16 and 17 year olds.
- Lifetime mental health issues can begin at age 14, and trauma related problems can begin at 6
- Mental health issues of youth are only served for about 20% of the State population.

- Children and Youth need services.
- Transition age from 18-26 is a high need area.
- Associate and bachelor degrees are now the job opener, not the high school diploma.
- What do we do with foster kids when they reach 18?
- Kids with Autism have some good gains in services, but still not enough. Waiting list with BDDS is down to four years.
- Transportation is also a big need in Peru.
- Goal is to develop a Resource list
- The majority of current work is crisis mode. There is a 10 year gap between when a student first shows signs of services and receives them.
- State recognizes education has a high need. ESSA will give more power to the local communities.
- Students are involved regularly in school and in health. That is where systemic help should be targeted.
- Story told: Grandma visits grandson in NY. Grandson sees warning signs of dings on Grandma's car and sees problems. Mechanical change would be to take car in to be fixed. Adaptive challenge/change would be to say she cannot drive. This means a change for grandson and for grandma.
- Adaptive challenges result in loss of sorts. This is the challenge in systemic change.
- Needs of family and youth have outgrown our capacity to address them.
- Needs are comprehensive: Suicide, drugs, etc
- How do we respond? How do we strengthen our system? How do we facilitate adaptive change?
- If we don't know how it works, how do we fix it? Do we know what works and doesn't work in our community?
- How do we provide access to our children and our youth to our community services? How do we identify someone who needs help?
- There is a stigma around mental health and needing help.
- Do we have a society where it is not ok to be not ok? This is stigma.

- There is a spectrum from mental health to mental illness. Communities need education about this spectrum and that it is ok to get help on this spectrum.
- We need to address needs before it gets to crisis.
- Early intervention is the key.
- In Walla Walla, Washington, there is a school. The prison is the major employer. The principal attended a PD on trauma, and brought it back to the community. Graduation rate rose 90%. Then now have highest test scores in county. The community also responded, and put this new knowledge to use in the prison. The recidivism rate dropped 40%
- We can create a community access points plan.
- Adverse childhood experiences (ACES) developed a test for trauma, and project health issues in the future. How does toxic stress and trauma effect a person?
- The specific trauma is not as devastating as the day to day stress. It changes brain chemistry. Kids lash out and get in trouble, or hold it all in and it ends with suicide or drug overdose.
- Once you know how your system works, you can change it and use it to respond to needs.
- Jamie Whittaker would like to come back for a half-day and bring Goss from IDOE to talk about ESSA. He wants communities to network across the State.
- Networking time was then provided.

12:25pm: Antonia Sawyer indicated that people who are willing to serve on the coalition should fill out the application. We will talk about a governance board, and the next meeting will be on November 16, 2016

12:30-1:40pm: The coalition networked and completed applications.

1:45pm: Meeting adjourned